# LYAPUNOV EXPONENTS OF NON-LINEAR COCYCLES 

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## 1. Introduction

Let $(\hat{M}, \hat{\mathcal{B}}, \hat{\mu})$ be a probability space and $\hat{f}: \hat{M} \rightarrow \hat{M}$ be a measurable transformation preserving the probability $\hat{\mu}$. Let $\hat{P}: \hat{\mathcal{E}} \rightarrow \hat{M}$ be a fiber bundle with fibers $\hat{\mathcal{E}}_{x}$ diffeomorphic to some Riemannian manifold $N$. A non-linear cocycle over $\hat{f}$ is a measurable transformation $\hat{F}: \hat{\mathcal{E}} \rightarrow \hat{\mathcal{E}}$ such that $\hat{P} \circ \hat{F}=\hat{f} \circ \hat{P}$ and every $\hat{F}_{\hat{x}}: \hat{\mathcal{E}}_{x} \rightarrow \hat{\mathcal{E}}_{\hat{f}(x)}$ is a diffeomorphism.

We always assume that the norms of the derivative $D \hat{F}_{\hat{x}}(\xi)$ and its inverse are uniformly bounded. Then the functions

$$
\begin{equation*}
(\hat{x}, \xi) \mapsto \log \left\|D \hat{F}_{\hat{x}}(\xi)\right\| \quad \text { and } \quad(\hat{x}, \xi) \mapsto \log \left\|D \hat{F}_{\hat{x}}(\xi)^{-1}\right\| \tag{1}
\end{equation*}
$$

are integrable, relative to any probability measure on $\hat{\mathcal{E}}$. The extremal Lyapunov exponents of $\hat{F}$ at a point $(\hat{x}, \xi) \in \hat{\mathcal{E}}$ are

$$
\begin{aligned}
& \lambda_{+}(\hat{F}, \hat{x}, \xi)=\lim _{n \rightarrow \infty} \frac{1}{n} \log \left\|D \hat{F}_{\hat{x}}^{n}(\xi)\right\| . \\
& \lambda_{-}(\hat{F}, \hat{x}, \xi)=\lim _{n \rightarrow \infty} \frac{1}{n} \log \left\|D \hat{F}_{\hat{x}}^{n}(\xi)^{-1}\right\|^{-1} .
\end{aligned}
$$

The limits exist $\hat{m}$-almost everywhere, with respect to any $\hat{F}$-invariant probability $\hat{m}$ on $\hat{\mathcal{E}}$, by sub-additivity (Kingman [4]). Notice that

$$
\lambda_{-}(\hat{F}, \hat{x}, \xi) \leq \lambda_{+}(\hat{F}, \hat{x}, \xi)
$$

because $\left\|D \hat{F}_{\hat{x}}^{n}(\xi)\right\|\left\|D \hat{F}_{\hat{x}}^{n}(\xi)^{-1}\right\| \geq 1$. Denote

$$
\lambda_{ \pm}=\lambda_{ \pm}(\hat{F}, \hat{m})=\int \lambda_{ \pm}(\hat{F}, \hat{x}, \xi) d \hat{m}(\hat{x}, \xi)
$$

If $(\hat{F}, \hat{m})$ is ergodic then $\lambda_{ \pm}(\hat{F}, \hat{x}, \xi)=\lambda_{ \pm}$for $\hat{m}$-almost every $(\hat{x}, \xi)$. Throughout, we shall only be interested in measures $\hat{m}$ that project down to $\mu$ under $\hat{P}$.

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## 2. A NON-LINEAR INVARIANCE RESULT

In this section we state and prove a non-linear extension of a theorem of Ledrappier [5] about Lyapunov exponents of linear cocycles, which is crucial for what follows. The proof is close to the arguments in [5].

Take $(\hat{M}, \hat{\mathcal{B}}, \mu)$ to be a Lebesgue space, that is, a complete separable probability space. See Rokhlin [6, §2-§3]. Then any probability $\hat{m}$ on $\hat{\mathcal{E}}$ such that $\hat{P}_{*} \hat{m}=\hat{\mu}$ admits a family $\left\{\hat{m}_{\hat{x}}: \hat{x} \in \hat{M}\right\}$ of probabilities such that $\hat{x} \mapsto \hat{m}_{\hat{x}}$ is $\hat{\mathcal{B}}$-measurable, every $\hat{m}_{\hat{x}}$ is supported inside the fiber $\hat{\mathcal{E}}_{\hat{x}}$ and

$$
\hat{m}(E)=\int \hat{m}_{\hat{x}}(E) d \hat{\mu}(\hat{x})
$$

for any measurable set $E \subset \hat{\mathcal{E}}$. Moreover, such a family is essentially unique. We call it the disintegration of $\hat{m}$ and refer to the $\hat{m}_{\hat{x}}$ as its conditional probabilities along the fibers.

Throughout this section we assume that $\hat{f}$ is invertible. A $\sigma$-algebra $\mathcal{B}_{0} \subset \hat{\mathcal{B}}$ is generating if its iterates $\hat{f}^{n}\left(\mathcal{B}_{0}\right), n \in \mathbb{Z}$ generate the whole $\hat{\mathcal{B}}$ $\bmod 0$. The main result in this section is
Theorem 2.1. Suppose $\lambda_{-}(\hat{F}, \hat{x}, \xi) \geq 0$ for $\hat{m}$-almost every $(\hat{x}, \xi)$. Let $\mathcal{B}_{0} \subset \hat{\mathcal{B}}$ be a generating $\sigma$-algebra relative to which both $\hat{f}$ and $\hat{x} \mapsto \hat{F}_{\hat{x}}$ are measurable $\bmod 0$. Then $\hat{x} \mapsto \hat{m}_{\hat{x}}$ is also $\mathcal{B}_{0}$-measurable $\bmod 0$.

The same holds true if we assume, instead, that $\lambda_{+}(\hat{F}, \hat{x}, \xi) \leq 0$ for $\hat{m}$-almost every $(x, \xi)$. To see this, notice that $\hat{F}$ is invertible and, clearly, has the same invariant probabilities as its inverse. Since

$$
\lambda_{+}(\hat{F}, \hat{x}, \xi)+\lambda_{-}\left(\hat{F}^{-1}, \hat{x}, \xi\right)=0
$$

the new assumption means that $\lambda_{-}\left(\hat{F}^{-1}, \hat{x}, \xi\right) \geq 0$ for $\hat{m}$-almost every $(x, \xi)$. Thus, we may apply Theorem 2.1 to the inverse cocycle, to obtain the same conclusion as before under this new assumption.
Example 2.2. Given any (non-invertible) measure-preserving transformation $f: M \rightarrow M$ in a probability space $(M, \mathcal{B}, \mu)$, define $\hat{M}$ to be the space of all sequences $\left(x_{n}\right)_{n \leq 0}$ in $M$ such that $f\left(x_{n}\right)=x_{n+1}$ for all $n<0$, and consider the natural extension of $f$,

$$
\hat{f}: \hat{M} \rightarrow \hat{M}, \quad \hat{f}\left(\ldots, x_{n}, \ldots, x_{0}\right)=\left(\ldots, x_{n}, \ldots, x_{0}, f\left(x_{0}\right)\right) .
$$

Then $\hat{f}$ is invertible and $\pi \circ \hat{f}=f \circ \pi$, where $\pi: \hat{M} \rightarrow M$ is the projection to the zeroth term. Denote $\mathcal{B}_{0}=\pi^{-1}(\mathcal{B})$ and let $\hat{\mathcal{B}}$ be the $\sigma$-algebra on $\hat{M}$ generated by the iterates $\hat{f}^{n}\left(\mathcal{B}_{0}\right), n \geq 0$. Then $\hat{f}$ is measurable with respect to $\mathcal{B}_{0}$ and to $\hat{\mathcal{B}}$. Let $\mu_{0}$ be the probability
measure defined on $\mathcal{B}_{0}$ by $\pi_{*} \mu_{0}=\mu$. There is a unique $\hat{f}$-invariant probability $\hat{\mu}$ on $(\hat{M}, \hat{\mathcal{B}})$ such that $\pi_{*} \hat{\mu}=\mu$ : it is characterized by

$$
\begin{equation*}
E\left(\hat{\mu} \mid \hat{f}^{n}\left(\mathcal{B}_{0}\right)\right)=\hat{f}_{*}^{n} \mu_{0} \quad \text { for every } n \geq 0 \tag{2}
\end{equation*}
$$

To any non-linear cocycle $F: \mathcal{E} \rightarrow \mathcal{E}$ over $f$, defined on a fiber bundle $P: \mathcal{E} \rightarrow M$, we may associate the non-linear cocycle $\hat{F}: \hat{\mathcal{E}} \rightarrow \hat{\mathcal{E}}$ over $\hat{f}$ defined by $\hat{\mathcal{E}}_{\hat{x}}=\mathcal{E}_{\pi(\hat{x})}$ and $\hat{F}_{\hat{x}}=F_{\pi(\hat{x})}$. Their extremal Lyapunov exponents are related by

$$
\lambda_{ \pm}(\hat{F}, \hat{x}, \xi)=\lambda_{ \pm}(F, \pi(\hat{x}), \xi)
$$

Clearly, $\hat{x} \mapsto \hat{F}_{\hat{x}}$ is $\mathcal{B}_{0}$-measurable. We denote by $\pi \times$ id the natural projection from $\hat{\mathcal{E}}$ to $\mathcal{E}$ (this terminology is motivated by the case when $\hat{\mathcal{E}}=\hat{M} \times N$ and $\mathcal{E}=M \times N)$. Given any $F$-invariant probability $m$, there is exactly one $\hat{F}$-invariant probability $\hat{m}$ with $(\pi \times \mathrm{id})_{*} \hat{m}=m$ : it is characterized by

$$
\begin{equation*}
E\left(\hat{x} \mapsto \hat{m}_{\hat{x}} \mid \hat{f}^{n}\left(\mathcal{B}_{0}\right)\right)=\left[\hat{x} \mapsto\left(\hat{F}_{\hat{x}}^{n}\right)_{*} m_{\pi(\hat{x})}\right] \quad \text { for every } n \geq 0 \tag{3}
\end{equation*}
$$

(see Lemma 2.5 below), where $\left\{\hat{m}_{\hat{x}}: \hat{x} \in \hat{M}\right\}$ and $\left\{m_{x}: x \in M\right\}$ are the disintegrations of $\hat{m}$ and $m$, respectively. If $P_{*} m=\mu$ then $\hat{P}_{*} \hat{m}=\hat{\mu}$.

Let us begin the proof of Theorem 2.1. For the time being we consider the special case of natural extensions described in Example 2.2: we shall soon argue that the statement of the theorem can always be reduced to that case. Let

$$
\begin{equation*}
\left(F_{x}^{-1}\right)_{*} m_{f(x)}=J(x, \xi) m_{x}+\eta_{x} \tag{4}
\end{equation*}
$$

be the Lebesgue decomposition of $\left(F_{x}^{-1}\right)_{*} m_{f(x)}$ relative to $m_{x}$ (the function $J(x, \cdot)$ is integrable for $m_{x}$ and the measure $\eta_{x}$ is singular with respect to $m_{x}$ ). We call $J: \mathcal{E} \rightarrow[0, \infty)$ the fibered Jacobian, and define the fibered entropy to be

$$
\begin{equation*}
h=h(\hat{F}, \hat{m})=\int-\log J d m \tag{5}
\end{equation*}
$$

The definition (4) implies $\int_{\{J>0\}} J d m=\int J d m \leq 1$. Then, by Jensen's inequality,

$$
\begin{equation*}
\int_{\{J>0\}}-\log J d m \geq 0 \tag{6}
\end{equation*}
$$

The definition (5) means that $h$ is the sume of this integral with the term $(+\infty) \cdot m(\{J=0\})$ with the usual convention that the latter vanishes if $m(\{J=0\})=0$. Thus, $h$ is always well-defined and nonnegative. Besides, we shall see later that $\{J=0\}$ always has zero measure in our context.

Let $\kappa$ be the dimension of $N$ and $\lambda^{0}(\hat{F}, \hat{x}, \xi)=\min \left\{0, \lambda_{-}(\hat{F}, \hat{x}, \xi)\right\}$.
Proposition 2.3. We have $0 \leq h \leq-\kappa \int \lambda^{0}(\hat{F}, \hat{x}, \xi) d \hat{m}(\hat{x}, \xi)$.
Proposition 2.4. If $h=0$ then $\hat{x} \mapsto \hat{m}_{\hat{x}}$ is $\mathcal{B}_{0}$-measurable $\bmod 0$.
Proof of Theorem 2.1. Propositions 2.3 and 2.4 immediately lead to Theorem 2.1 in the natural extension case: $\lambda_{-}(\hat{F}, \hat{x}, \xi) \geq 0$ means that $\lambda^{0}(\hat{F}, \hat{x}, \xi)$ vanishes identically; then Proposition 2.3 yields $h=0$ and, by Proposition 2.4, it follows that $\hat{x} \mapsto \hat{m}_{\hat{x}}$ is $\mathcal{B}_{0}$-measurable $\bmod 0$.

So, now we only have to show that the general case in the theorem can always be viewed as a natural extension. By Rokhlin [6], one may find a Lebesgue space $(M, \mathcal{B}, \mu)$ and a projection $\pi: \hat{M} \rightarrow M$ such that $\mathcal{B}=\pi_{*} \mathcal{B}_{0}$ and $\mu=\pi_{*} \hat{\mu}$. In other words, $B \in \mathcal{B}$ if and only if $\pi^{-1}(B) \in \mathcal{B}_{0}$ and then $\mu(B)=\hat{\mu}\left(\pi^{-1}(B)\right)$. Since $\hat{f}$ is $\mathcal{B}_{0}$-measurable $\bmod 0$, there exists a $\mathcal{B}$-measurable $\bmod 0$ transformation $f: M \rightarrow M$ such that $\pi \circ \hat{f}=f \circ \pi$. This transformation is usually non-invertible, but it preserves the measure $\mu$ :

$$
f_{*} \mu=f_{*} \pi_{*} \hat{\mu}=\pi_{*} \hat{f}_{*} \mu=\pi_{*} \hat{\mu}=\mu
$$

Since $\hat{F}$ is $\mathcal{B}_{0}$-measurable, it may be written as $\hat{F}=F \circ(\pi \times \mathrm{id})$, where $F: \mathcal{E} \rightarrow \mathcal{E}$ is a $\mathcal{B}$-measurable non-linear cocycle over $f$. Notice that $D F_{\pi(\hat{x})}=D \hat{F}_{\hat{x}}$ for every $\hat{x} \in \hat{M}$. In particular,

$$
\lambda(F, \pi(\hat{x}), \xi)=\lambda(\hat{F}, \hat{x}, \xi)
$$

for almost every $(\hat{x}, \xi)$, where $\lambda(F, x, \xi)$ is the Lyapunov exponent of the cocycle $F$ at a point $(x, \xi)$. Then $m=(\pi \times \mathrm{id})_{*} \hat{m}$ is an $F$-invariant probability and $P_{*} m=\mu$. Applying the previous arguments to $F$ we get that the disintegration $\hat{x} \mapsto \hat{m}_{\tilde{x}}$ if $\mathcal{B}$-measurable $\bmod 0$.
2.1. Entropy zero means deterministic. As a first step we prove Proposition 2.4. Let $\left\{\hat{m}_{\hat{x}}: \hat{x} \in \hat{M}\right\}$ and $\left\{m_{x}: x \in M\right\}$ be the disintegrations of $\hat{m}$ and $m$, respectively.
Lemma 2.5. For $\hat{\mu}$-almost every $\hat{x} \in \hat{M}$,

$$
\hat{m}_{\hat{x}}=\lim _{n \rightarrow \infty}\left(F_{x(n)}^{n}\right)_{*} m_{x(n)} \quad \text { with } x(n)=\pi\left(\hat{f}^{-n}(\hat{x})\right)
$$

Proof. Let $m_{0}$ be the probability defined on $\mathcal{B}_{0}$ by $\pi_{*} m_{0}=m$. The disintegration of $m_{0}$ is just $\hat{x} \mapsto m_{\pi(\hat{x})}$. The relation $\pi_{*} \hat{m}=m$ implies that $\hat{m} \mid \mathcal{B}_{0}=m_{0}$ or, in other words, $E\left(\hat{x} \mapsto \hat{m}_{\hat{x}} \mid \mathcal{B}_{0}\right)=\left[\hat{x} \mapsto m_{\pi(\hat{x})}\right]$. Next, the relation $\hat{F}_{*} \hat{m}=\hat{m}$ implies that

$$
E\left(\hat{x} \mapsto \hat{m}_{\hat{x}} \mid \hat{f}^{n}\left(\mathcal{B}_{0}\right)\right)=E\left(\hat{x} \mapsto\left(\hat{F}_{\hat{x}(n)}^{n}\right)_{*} \hat{m}_{\hat{x}(n)} \mid \mathcal{B}_{0}\right),
$$

with $\hat{x}(n)=\hat{f}^{-n}(\hat{x})$, and so

$$
E\left(\hat{x} \mapsto \hat{m}_{\hat{x}} \mid \hat{f}^{n}\left(\mathcal{B}_{0}\right)\right)=\left[\hat{x} \mapsto\left(F_{x(n)}^{n}\right)_{*} m_{x(n)}\right] .
$$

Any of these expressions defines a martingale of probability measures, relative to the sequence of $\sigma$-algebras $\hat{f}^{n}\left(\mathcal{B}_{0}\right)$. Since $\mathcal{B}_{0}$ is generating and the sequence $\hat{f}^{n}\left(\mathcal{B}_{0}\right)$ is increasing, the limit of the left hand side is

$$
\left[\hat{x} \mapsto \hat{m}_{\hat{x}}\right]=E\left(\hat{x} \mapsto \hat{m}_{\hat{x}} \mid \hat{\mathcal{B}}\right) .
$$

It follows that $\left(F_{x(n)}^{n}\right)_{*} m_{x(n)}$ converges and the limit coincides with $\hat{m}_{\hat{x}}$ at $\hat{\mu}$-almost every point.

Lemma 2.6. If $h=0$ then $\left(F_{x}\right)_{*} m_{x}=m_{f(x)}$ for $\mu$-almost every $x \in M$.
Proof. The definition (4) implies that $\int J(x, \xi) d m_{x}(\xi) \leq 1$ for $\mu$-every $x$. So, by Jensen's inequality, $\int-\log J(x, \xi) d m_{x}(\xi) \geq 0$ for $\mu$-every $x$. Moreover, the equalities hold if and only if $J(x, \xi)=1$ for $m_{x}$-almost every $\xi$. This implies that $h \geq 0$, and $h=0$ if and only if $J(x, \xi)=1$ for $m_{x}$-almost every $\xi$ and $\mu$-almost $x$. In particular, $h=0$ implies $m_{f(x)}=\left(F_{x}\right)_{*} m_{x}$ for $\mu$-almost $x$, as claimed.

Lemma 2.6 implies $\left(F_{x(n)}^{n}\right)_{*} m_{x(n)}=m_{x(0)}$ for every $n \geq 0$ and $\hat{\mu}$ almost every $\hat{x}$. Then Lemma 2.5 yields $\hat{m}_{\hat{x}}=m_{x(0)}$ for $\hat{\mu}$-almost every $\hat{x}$. Since $x(0)=\pi(\hat{x})$, this implies that $\hat{x} \mapsto \hat{m}_{\hat{x}}$ is $\mathcal{B}_{0}$-measurable, and so the proof of Proposition 2.4 is complete.
2.2. Entropy is smaller than exponents. Now we prove Proposition 2.3. Let $\left\{m_{\alpha}\right\}$ be the ergodic decomposition of $m$, and $d \alpha$ denote the corresponding quotient measure:

$$
\varphi d m=\int\left(\int \varphi d m_{\alpha}\right) d \alpha
$$

for any integrable function. If $\lambda_{-}(F, x, \xi) \geq 0$ at $m$-almost every point then the same is true at $m_{\alpha}$-almost every point, for $d \alpha$-almost every ergodic component. Assuming the proposition holds for ergodic measures, it follows that

$$
0 \leq \int-\log J d m_{\alpha} \leq \kappa \int \lambda^{0}(F, x, \xi) d m_{\alpha}
$$

for $d \alpha$-almost every $\alpha$. Integrating with respect to $d \alpha$, we obtain that

$$
0 \leq h \leq \kappa \int \lambda^{0}(F, x, \xi) d m
$$

as claimed. Hence, it is no restriction to assume that $m$ is ergodic, and we do so in all that follows. Then $\lambda^{0}(F, x, \xi)$ is constant $m$-almost everywhere; let $\lambda^{0}=\lambda^{0}(F, m)$ denote this constant.

The proof of the proposition will follow from upper and lower estimates on the measures of balls that we are going to state next. Define
$\Delta^{l}(y, \eta)=\min \left\{1,\left\|D F_{y}^{l}(\eta)^{-1}\right\|^{-1}\right\} \quad$ and $\quad \Delta^{l, n}(x, \xi)=\prod_{j=0}^{n-1} \Delta^{l}\left(F^{l j}(x, \xi)\right)$
for any $l \geq 1$ and $n \geq 1$ and let $L=\sup \left|\log \left\|(D F)^{-1}\right\|^{-1}\right|$. It is clear from the definitions that

$$
\begin{equation*}
-L \leq \frac{1}{n l} \log \Delta^{l, n}(x, \xi) \leq 0 \tag{7}
\end{equation*}
$$

for every $l \geq 1, n \geq 1$, and $(x, \xi)$.
Lemma 2.7. Given $\varepsilon>0$ there exists $k \geq 1$ and some $F^{k}$-ergodic component $m_{0}$ of the measure $m$ such that

$$
\lim _{n \rightarrow \infty} \frac{1}{n k} \log \Delta^{k, n}(x, \xi) \geq \lambda^{0}-3 \varepsilon \quad \text { for } m_{0} \text {-almost every }(x, \xi)
$$

Proof. The limit is the Birkhoff time average of the (bounded) function $k^{-1} \log \Delta^{k}$, and so it exists at $m$-almost. Choose $k \geq 1$ large enough so that

$$
\begin{equation*}
\frac{1}{k} \log \left\|D F_{x}^{k}(\xi)^{-1}\right\|^{-1} \in\left[\lambda_{-}-\varepsilon, \lambda_{-}+\varepsilon\right] \tag{8}
\end{equation*}
$$

for a subset $E$ of points $(x, \xi)$ with $m(E)>1-\varepsilon / L$. It follows that $m_{0}(E)>1-\varepsilon / L$ for some $F^{k}$-ergodic component $m_{0}$ of the measure $m$. Fix $m_{0}$ from now on. There are three cases to consider, depending on the sign of the exponent. If $\lambda_{-}$is negative then $\lambda_{-}=\lambda^{0}$. It is no restriction to assume from the start that $\varepsilon<\left|\lambda_{-}\right|$. Then (8) implies

$$
\frac{1}{k} \log \Delta^{k}(x, \xi)=\frac{1}{k} \log \left\|D F_{x}^{k}(\xi)^{-1}\right\|^{-1} \geq \lambda^{0}-\varepsilon
$$

for every $(x, \xi) \in E$. In general this expression is bounded by $L$, as observed previously. By ergodicity, $m_{0}$-typical orbits of $F^{k}$ spend a fraction $>1-\varepsilon / L$ of the time inside $E$. Thus, for $m_{0}$-almost every $(x, \xi)$ and every large $n$,

$$
\frac{1}{n k} \Delta^{k, n}(x, \xi) \geq(1-\varepsilon / L)\left(\lambda^{0}-\varepsilon\right)-(\varepsilon / L) L \geq \lambda^{0}-3 \varepsilon
$$

(for the last step, notice that $\left|\lambda^{0}\right| \leq\left|\lambda_{-}\right| \leq L$ ). This settles the case $\lambda_{-}<0$. If $\lambda_{-}$is zero then $\lambda_{-}=\lambda^{0}=0$. Then (8) implies

$$
\frac{1}{k} \log \Delta^{k}(x, \xi)=\min \left\{0, \frac{1}{k} \log \left\|D F_{x}^{k}(\xi)^{-1}\right\|^{-1}\right\} \geq-\varepsilon
$$

for every $(x, \xi) \in E$. Thus, arguing as before,

$$
\frac{1}{n k} \Delta^{k, n}(x, \xi) \geq-(1-\varepsilon / L) \varepsilon-(\varepsilon / L) L \geq-3 \varepsilon
$$

for $m_{0}$-almost every $(x, \xi)$ and every $n$ sufficiently large. This settles the lemma $\lambda_{-}=0$. If $\lambda_{-}$is positive then $\lambda^{0}=0$. It is no restriction to assume from the beginning that $\varepsilon<\lambda_{-}$. Then (8) implies

$$
\frac{1}{k} \log \Delta^{k}(x, \xi)=\min \left\{0, \frac{1}{k} \log \left\|D F_{x}^{k}(\xi)^{-1}\right\|^{-1}\right\}=0
$$

for every $(x, \xi) \in E$. Thus, arguing as before,

$$
\frac{1}{n k} \Delta^{k, n}(x, \xi) \geq-(\varepsilon / L) L \geq-3 \varepsilon
$$

for $m_{0}$-almost every $(x, \xi)$ and every $n$ sufficiently large. This completes the proof of the lemma.
Remark 2.8. There exists some divisor $s \geq 1$ of $k$ such that

$$
m=\frac{1}{s}\left(m_{0}+F_{*}\left(m_{0}\right)+\cdots+F_{*}^{s-1}\left(m_{0}\right)\right) \quad \text { and } \quad F_{*}^{s}\left(m_{0}\right)=m_{0}
$$

Indeed, by the $F$-ergodicity of $m$, if $A$ is any $F^{k}$-invariant set with positive measure then $m(A) \geq 1 / k$. Fix $A$ with minimal positive measure. Then every $A \cap F^{-i}(A)$ has either zero or full measure in $A$. Let $s \geq 1$ be the smallest integer such that $A \cap F^{-s}(A)$ has full measure in $A$. Note that $s$ divides $k$. Using $F$-ergodicity once more, $A \cup F^{-1}(A) \cup \cdots \cup F^{-s+1}(A)$ has full measure in $\mathcal{E}$ and so $m(A)=1 / s$. The normalized restrictions

$$
m_{i}=s\left(m \mid F^{i-k}(A)\right), \quad i=0, \ldots, s-1
$$

are the $F^{k}$-ergodic components of $m$. Clearly, $m_{i}=F_{*}^{i}\left(m_{0}\right)$ for every $0 \leq i \leq s-1$ and $F_{*}^{s}\left(m_{0}\right)=m_{0}$. Up to replacing $m_{0}$ by an iterate, we may take it to coincide with the ergodic component in the previous lemma.

Let $\varepsilon>0$ be fixed and $k$ and $m_{0}$ be as in Lemma 2.7. The proofs of the next two propositions will be given in Section 2.3 and Section 2.5, respectively:
Proposition 2.9. For $m_{0}$-almost every $(x, \xi)$,

$$
\limsup _{n \rightarrow \infty} \frac{1}{n k} \log m_{f^{n k}(x)}\left(B\left(F_{x}^{n k}(\xi), e^{-n k \varepsilon} \Delta^{k, n}(x, \xi)\right)\right) \geq \kappa\left(\lambda^{0}-5 \varepsilon\right) .
$$

Proposition 2.10. For $m_{0}$-almost every $(x, \xi)$,

$$
\limsup _{n \rightarrow \infty} \frac{1}{n k} \log m_{f^{n k}(x)}\left(B\left(F_{x}^{n k}(\xi), e^{-n k \varepsilon} \Delta^{k, n}(x, \xi)\right)\right) \leq-h+3 \varepsilon .
$$

It follows that $\kappa\left(\lambda^{0}-5 \varepsilon\right) \leq-h+3 \varepsilon$ and, since $\varepsilon$ is arbitrary, this implies $h \leq-\kappa \lambda^{0}$. We have already seen in Lemma 2.6 that $h \geq 0$. So, we have reduced the proof of Proposition 2.3, and of Theorem 2.1, to proving Propositions 2.9 and 2.10.
2.3. Lower estimate. Here we prove Proposition 2.9. We begin with the following consequence of the Besicovitch covering lemma (see [3, Theorem 1.1]):

Lemma 2.11. Given any $\theta>0$ the set

$$
Z_{\theta}=\left\{(y, \eta): m_{y}(B(\eta, \rho)) \leq \rho^{(1+\theta) \kappa} \text { for arbitrarily small } \rho>0\right\}
$$

has zero m-measure.
Proof. Write the manifold $N$ as a union of increasing compact subsets $N_{k}$. For each $y$ consider a covering of $Z_{\theta}$ intersected with $\{y\} \times N_{k}$ (viewed as a subset of $\left.\mathcal{E}_{y}\right)$ by balls $B\left(\eta_{j}, \rho_{j}\right)$ as in the definition of $Z_{\theta}$, with $\rho_{j} \leq \rho$ for some small $\rho$. Then

$$
\begin{aligned}
m\left(Z_{\theta} \cap\left(\mathcal{E}_{k}\right)\right) & \leq \int \sum_{j} m_{y}\left(B\left(\eta_{j}, \rho_{j}\right)\right) d \mu(y) \\
& \leq C(\kappa) \rho^{\theta \kappa} \int \sum_{j}\left|B\left(\eta_{j}, \rho_{j}\right)\right| d \mu(y)
\end{aligned}
$$

where $|\cdot|$ denotes Riemannian volume relative to some fixed Riemannian metric on $N$. By the Besicovitch covering lemma we may take the covering such that every point belongs to at most $C(\kappa)$ of these balls. It follows that

$$
m\left(Z_{\theta} \cap\left(\bigcup_{y \in M}\{y\} \times N_{k}\right)\right) \leq C(\kappa) \rho^{\theta \kappa}\left|N_{k}\right|
$$

Making $\rho \rightarrow 0$ and then $k \rightarrow \infty$ we get $m\left(Z_{\theta}\right)=0$, as claimed.
Denote $r_{n}=e^{-n k \varepsilon} \Delta^{k, n}(x, \xi)$. We are going to prove Proposition 2.9 by contradiction. Suppose there exists a constant $\theta>0$ and a positive $m$-measure set $E$ such that for every $(x, \xi) \in E$ there exists $\bar{n}(x, \xi) \geq 1$ such that

$$
\begin{equation*}
\log m_{f^{n k}(x)}\left(B\left(F_{x}^{n k}(\xi), r_{n}\right)\right) \leq \kappa\left(\lambda^{0}-5 \varepsilon\right)(1+\theta) n k \tag{9}
\end{equation*}
$$

for all $n \geq \bar{n}(x, \xi)$. By Lemma 2.7, we may choose $\bar{n}(x, \xi)$ so that

$$
\begin{equation*}
\log r_{n} \geq n k\left(\lambda^{0}-5 \varepsilon\right) \tag{10}
\end{equation*}
$$

for all $n \geq \bar{n}(x, \xi)$. Define

$$
Z_{\theta, r}=\left\{(y, \eta): m_{y}(B(\eta, \rho)) \leq \rho^{(1+\theta) \kappa} \text { for some } 0<\rho \leq r\right\}
$$

These sets are monotone decreasing when $r \rightarrow 0$, and their intersection is the set $Z_{\theta}$. The upper bound in (7) implies that $r_{n} \rightarrow 0$ and the inequalities (9) and (10) imply $F^{n k}(x, \xi) \in Z_{\theta}\left(r_{n}\right)$ for every $n \geq \bar{n}(x, \xi)$. This shows that almost every $(x, \xi)$ eventually enters $Z_{\theta, r}$ for every
fixed $r>0$. In particular, we may find $n_{r} \geq 1$ and $E_{r} \subset E$ such that $m\left(E_{r}\right) \geq m(E) / 2$ and $F^{n k}(x, \xi) \in Z_{\theta, r}$ for every $n \geq n_{r}$. Then

$$
m\left(Z_{\theta, r}\right)=m\left(F^{-n k}\left(Z_{\theta, r}\right) \geq m\left(E_{r}\right) \geq m(E) / 2\right.
$$

Since this applies for arbitrary $r$, we conclude that $m\left(Z_{\theta}\right)>0$, which contradicts Lemma 2.11. This proves Proposition 2.9.

Remark 2.12. For arbitrary $l \geq 1$, instead of (10) we may use

$$
\log e^{-n l \varepsilon} \Delta^{l, n}(x, \xi) \geq-n l(L+\varepsilon) \geq-n l(L+\varepsilon)
$$

Then the same arguments as before yield, for $m$-almost every point,

$$
\begin{equation*}
\limsup _{n \rightarrow \infty} \frac{1}{n l} \log m_{f^{n l}(x)}\left(B\left(F_{x}^{n l}(\xi), e^{-n l \varepsilon} \Delta^{l, n}(x, \xi)\right)\right) \geq-\kappa(L+\varepsilon) \tag{11}
\end{equation*}
$$

2.4. Auxiliary statements. Here we recall some general facts from measure theory. Let $X$ be a compact metric space locally Lipeomorphic to $\mathbb{R}^{\kappa}, \kappa \geq 1$ and let $\mu$ and $\nu$ be Borel probability measures on $X$.

Lemma 2.13. There exists a function $g \in L^{1}(\nu)$ and a Borel measure $\eta$ totally singular with respect to $\nu$ such that $\mu=f \nu+\eta$. Moreover,

$$
g(x)=\lim _{\delta \rightarrow 0} \frac{\mu(B(x, \delta))}{\nu(B(x, \delta))} \quad \text { for } \nu \text {-almost every } x \in X
$$

See Rudin [7, Theorem 7.14] for a related statement involving the Lebesgue measure. The proof in the general case is analogous, just using the Besicovich covering lemma ([3, Theorem 1.1]) in the place of the Vitali covering lemma ([7, Theorem 7.3]).

Lemma 2.14. There exists $c(X)>0$ such that $\int g^{*} d \nu \leq c(X)$, where

$$
g_{*}(x)=\sup \left\{\frac{\mu(B(x, \delta))}{\nu(B(x, \delta))}: \delta>0\right\} .
$$

We consider $X=\mathcal{E}_{x} \simeq N$ and $\mu=\left(F_{x}^{-l}\right)_{*} m_{f^{l}(x)}$ and $\nu=m_{x}$ for every $x \in M$ and $l \geq 1$. Lemma 2.13 gives that

$$
\left(F_{x}^{-l}\right)_{*} m_{f^{l}(x)}=J^{l}(x, \xi) m_{x}+\eta_{x}^{l}
$$

for some measure $\eta_{x}^{l}$ totally singular with respect to $m_{x}$, and

$$
\begin{equation*}
J^{l}(x, \xi)=\lim _{\delta \rightarrow 0} \frac{m_{f^{l}(x)}\left(F_{x}^{l}(B(\xi, \delta))\right)}{m_{x}(B(\xi, \delta))} \quad \text { for } m_{x} \text {-almost every } \xi \tag{12}
\end{equation*}
$$

By Lemma 2.14 there exists $c(N)>0$ such that

$$
\begin{equation*}
\int \log J_{*}^{l}(x, \xi) d m_{x}(\xi) \leq c(N)<\infty \tag{13}
\end{equation*}
$$

for every $x \in M$ and $l \geq 1$, where

$$
J_{*}^{l}(x, \xi)=\sup \left\{\frac{m_{f^{l}(x)}\left(F_{x}^{l}(B(\xi, \delta))\right)}{m_{x}(B(\xi, \delta))}: \delta>0\right\} .
$$

Corollary 2.15. For $m_{x}$-almost every $\xi$ there exists $\delta_{1}(x, \xi, \varepsilon, l)>0$ such that

$$
\frac{m_{f^{l}(x)}\left(B\left(F_{x}^{l}(\xi), e^{-l \varepsilon} \Delta^{l}(x, \xi) \delta\right)\right)}{m_{x}(B(\xi, \delta))} \leq \begin{cases}e^{l \varepsilon} J^{l}(x, \xi) & \text { if } J^{l}(x, \xi)>0 \\ e^{-\tau_{l}} & \text { if } J^{l}(x, \xi)=0\end{cases}
$$

for every $0<\delta \leq \delta_{1}(x, \xi, \varepsilon, l)$, where $\tau_{l}=4 \kappa L / m\left(\left\{J^{l}=0\right\}\right)$.
Proof. The relation (12) implies that

$$
\frac{m_{f^{l}(x)}\left(F_{x}^{l}(B(\xi, \delta))\right)}{m_{x}(B(\xi, \delta))} \leq \begin{cases}e^{l \varepsilon} J^{l}(x, \xi) & \text { if } J^{l}(x, \xi)>0 \\ e^{-\tau_{l}} & \text { if } J^{l}(x, \xi)=0\end{cases}
$$

if $\delta$ is small enough. Secondly, since every $F_{x}$ is a diffeomorphism,

$$
\begin{aligned}
F_{x}^{l}(B(\xi, \delta)) & \supset B\left(F_{x}^{l}(\xi), e^{-l \varepsilon}\left\|D F_{x}^{l}(\xi)^{-1}\right\|^{-1} \delta\right) \\
& \supset B\left(F_{x}^{l}(\xi), e^{-l \varepsilon} \Delta^{l}(x, \xi) \delta\right)
\end{aligned}
$$

if $\delta$ is small enough. The claim follows from these two observations.
Corollary 2.16. Suppose $J>0$ at m-almost every point. Then

$$
\int \log J^{k} d m_{0}=-k h
$$

Proof. We begin by proving that, for $l \geq 1$ and $m$-almost every $(x, \xi)$,

$$
\begin{equation*}
J^{l}(x, \xi)=\prod_{j=0}^{l-1} J\left(F^{j}(x, \xi)\right) \tag{14}
\end{equation*}
$$

Indeed, the relation (12) may be rewritten as

$$
J^{l}(x, \xi)=\lim _{\delta \rightarrow 0} \prod_{j=0}^{l-1} \frac{m_{f^{j+1}(x)}\left(F_{x}^{j+1}(B(\xi, \delta))\right)}{m_{f^{j}(x)}\left(F_{x}^{j}(B(\xi, \delta))\right)}
$$

where the $j$ th factor converges to $J\left(F^{j}(x, \xi)\right)$ for $\left(F_{x}^{-j}\right)_{*} m_{f j}(x)$-almost every $\xi$. Now, the assumption means that $J(x, \xi)>0$ for $\mu$-almost every $x$ and $m_{x}$-almost every $\xi$. Then $m_{x}$ is absolutely continuous with respect to $\left(F_{x}^{-1}\right)_{*} m_{f(x)}$.

Let us consider $x$ in the full $\mu$-measure set points such that $m_{x}$ is absolutely continuous with respect to $\left(F_{x}^{-j}\right)_{*} m_{f^{j}(x)}$ for every $j \geq 1$. Then each factor in the previous formula converges to $J\left(F^{j}(x, \xi)\right)$ for
$m_{x}$-almost every $\xi$. This proves that (14) is true for any $l \geq 1$ and $m_{x}$-almost every $\xi$. Next, from (14) we get

$$
\int \log J^{k} d m_{0}=\sum_{m=0}^{k-1} \int \log J \circ F^{m} d m_{0}=\sum_{i=1}^{k / s} \sum_{j=0}^{s-1} \log J d F_{*}^{i}\left(m_{0}\right) .
$$

Using Remark 2.8, we find that the right hand side is equal to

$$
\sum_{i=1}^{k / s} s \int \log J d m=k \int \log J d m=-k h
$$

This proves the statement.
The same arguments apply for arbitrary $l \geq 1$ : the corollary remains true if one replaces $m_{0}$ by any $F^{l}$-ergodic component of $m$ (we shall not use this fact). On the other hand, (14) is usually false if one omits the assumption $J>0$.
2.5. Upper estimate. Now we prove Proposition 2.10. Let $l \geq 1$ be arbitrary, for the time being. For each $p \geq 1$ define $W_{l, p}$ to be the set of points $(x, \xi)$ such that

$$
e^{-j l \varepsilon} \Delta^{l, j}(x, \xi) \leq \delta_{1}(x, \xi, \varepsilon, l) \quad \text { for every } j \geq p
$$

The upper bound in (7) implies that $m\left(W_{l, p}\right)$ goes to 1 as $p \rightarrow \infty$. Let $p$ be fixed, for the time being. Write

$$
\begin{equation*}
\frac{m_{f^{n l}(x)}\left(B\left(F_{x}^{n l}(\xi), e^{-n l \varepsilon} \Delta^{l, n}(x, \xi)\right)\right)}{m_{f^{p l}(x)}\left(B\left(F_{x}^{p l}(\xi), e^{-p l \varepsilon} \Delta^{l, p}(x, \xi)\right)\right)}=\prod_{j=p}^{n-1} q_{l, j}(x, \xi), \tag{15}
\end{equation*}
$$

for every $n \geq p$ and $(x, \xi) \in \mathcal{E}$, where

$$
q_{l, j}(x, \xi)=\frac{m_{f^{l(j+1)}(x)}\left(B\left(F_{x}^{l(j+1)}(\xi), e^{-l(j+1) \varepsilon} \Delta^{l, j+1}(x, \xi)\right)\right)}{m_{f^{l j}(x)}\left(B\left(F_{x}^{l j}(\xi), e^{-l j \varepsilon} \Delta^{l, j}(x, \xi)\right)\right)} .
$$

Denote $\left(x_{j}, \xi_{j}\right)=F^{l j}(x, \xi)$ for each $j \geq 1$. If $(x, \xi) \in W_{l, p}$ then, by Corollary 2.15,

$$
\log q_{l, j}(x, \xi) \leq \begin{cases}l \varepsilon+\log J^{l}\left(x_{j}, \xi_{j}\right) & \text { if } J^{l}\left(x_{j}, \xi_{j}\right)>0 \\ -\tau_{l} & \text { if } J^{l}\left(x_{j}, \xi_{j}\right)=0\end{cases}
$$

If $(x, \xi) \notin W_{l, p}$ we use the trivial bound $\log q_{l, j}(x, \xi) \leq \log J_{*}^{l}\left(x_{j}, \xi_{j}\right)$ instead. In any event,

$$
\begin{equation*}
\log q_{l, j}(x, \xi) \leq l \phi_{l, p}\left(x_{j}, \xi_{j}\right) \tag{16}
\end{equation*}
$$

where

$$
\begin{equation*}
\phi_{l, p}=\varepsilon+\frac{1}{l} \log J^{l} \mathcal{X}_{\left\{J^{l}>0\right\} \cap W_{l, p}}-\tau_{l} \mathcal{X}_{\left\{J^{l}=0\right\} \cap W_{l, p}}+\frac{1}{l} \log J_{*}^{l} \mathcal{X}_{W_{l, p}^{c}} . \tag{17}
\end{equation*}
$$

In the proof of the next couple of lemmas we consider the case $l=1$. Afterwards, we use these relations in the case $l=k$ to complete the proof of Proposition 2.10.
Lemma 2.17. We have $J(x, \xi)>0$ for m-almost every $(x, \xi)$.
Proof. Suppose $m(\{J=0\})>0$. Then, right from the start, we may choose $p$ large enough so that

$$
m\left(\{J=0\} \cap W_{1, p}\right) \geq m(\{J=0\}) / 2>0
$$

In view of (6) and (13), we may also suppose that

$$
\int_{\{J>0\} \cap W_{1, p}} \log J d m \leq \varepsilon \quad \text { and } \quad \int_{W_{1, p}^{c}} \log J_{*} d m \leq \varepsilon,
$$

up to increasing $p$. Recall $\tau_{1}=4 \kappa L / m(\{J=0\})$. Then, from (17),

$$
\begin{equation*}
\int \phi_{1, p} d m \leq 3 \varepsilon-2 \kappa L<-\kappa(L+\varepsilon) \tag{18}
\end{equation*}
$$

(for the last inequality, let $\varepsilon$ be small enough with respect to $L$ ). Since $m$ is $F$-ergodic, the relation (16) implies that

$$
\limsup _{n \rightarrow \infty} \frac{1}{n} \sum_{j=p}^{n-1} \log q_{1, j}(x, \xi) \leq \lim _{n \rightarrow \infty} \frac{1}{n} \sum_{j=p}^{n-1} \phi_{1, p}\left(x_{j}, \xi_{j}\right)=\int \phi_{1, p} d m .
$$

In view of (15), this just means that

$$
\limsup _{n \rightarrow \infty} \frac{1}{n} \log m_{f^{n}(x)}\left(B\left(F_{x}^{n}(\xi), e^{-n \varepsilon} \Delta^{1, n}(x, \xi)\right)\right) \leq \int \phi_{1, p} d m
$$

According to (18), this inequality contradicts (11). This contradiction proves that $\{J=0\}$ has zero measure, as claimed.
Lemma 2.18. The fibered entropy $h$ is finite.
Proof. Suppose $h>2 \kappa L$. Then, by (6) and (13), we may choose $p$ right from the start so that

$$
\int_{\{J>0\} \cap W_{1, p}} \log J d m \leq-2 L \quad \text { and } \quad \int_{W_{l, p}^{c}} \log J_{*} d m \leq \varepsilon
$$

Then, using also the previous lemma, (17) yields

$$
\begin{equation*}
\int \phi_{1, p} d m \leq 2 \varepsilon-2 \kappa L<-\kappa(L+\varepsilon) \tag{19}
\end{equation*}
$$

Now, arguing precisely as in Lemma 2.17, we conclude that

$$
\limsup _{n \rightarrow \infty} \frac{1}{n} \log m_{f^{n}(x)}\left(B\left(F_{x}^{n}(\xi), e^{-n \varepsilon} \Delta^{1, n}(x, \xi)\right)\right)<-\kappa(L+\varepsilon)
$$

which contradicts (11). This proves that $h \leq 2 \kappa L<\infty$, as claimed.

We are ready to conclude the proof of Proposition 2.10. Lemma 2.17 ensures we are in a position to apply Corollary 2.16. The relation (14) implies that $J^{l}>0$ at $m$-almost every point, for every $l \geq 1$. We are going to use this fact, and the relations (16) and (17), in the case $l=k$. Fix $p \geq 1$ large enough so that

$$
\int_{\left\{J^{k}>0\right\} \cap W_{k, p}} \log J^{k} d m \leq k(-h+\varepsilon) \quad \text { and } \quad \int_{W_{l, p}^{c}} \log J_{*}^{k} d m \leq k \varepsilon
$$

Then, from the definition (17),

$$
\begin{equation*}
\int \phi_{k, p} d m_{0} \leq 3 \varepsilon-h . \tag{20}
\end{equation*}
$$

Since $m_{0}$ is ergodic for $F^{k}$,

$$
\limsup _{n \rightarrow \infty} \frac{1}{n k} \sum_{j=p}^{n-1} \log q_{k, j}(x, \xi) \leq \lim _{n \rightarrow \infty} \frac{1}{n} \sum_{j=p}^{n-1} \phi_{k, p}\left(x_{j}, \xi_{j}\right)=\int \phi_{k, p} d m_{0}
$$

$m_{0}$-almost everywhere. In view of (15), this means that

$$
\limsup _{n \rightarrow \infty} \frac{1}{n k} \log m_{f^{n k}(x)}\left(B\left(F_{x}^{n k}(\xi), e^{-n k \varepsilon} \Delta^{k, n}(x, \xi)\right)\right) \leq \int \phi_{k, p} d m_{0}
$$

for $m_{0}$-almost every $(x, \xi)$. Combined with (20), this implies the conclusion of Proposition 2.10.

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